



## DINING

Campers dine in Dansbury Commons, the university student dining room. Nutritious all-you-can-eat meals are served, with salad and dessert bars.

## CAMP CARE SERVICES

Our ESU Summer Camp Care Staff are first aid and CPR/AED certified. Summer Camp Care Staff will provide routine first aid services to the participants during the hours that camp is in session and will refer medical emergencies and illnesses to the Lehigh Valley Health Network - Pocono, located one block from campus.

## MEDICAL INSURANCE

ESU does not provide individuals with medical insurance. Campers must provide their own medical insurance plans. ESU is not responsible for paying medical deductibles or hospital costs for any camper.

Register online at:  
[www.esu.edu/camps](http://www.esu.edu/camps)

# DAILY SCHEDULE

### ELITE CAMP

- **Morning Session** – technical and individual skill training
- **Lunch**
- **Pool / Recreation Time**
- **Afternoon Session** – Individual and group tactical training; Small Sided Game Tournament
- **Dinner**
- **Evening** – Full Sided Games
- **Informational Seminars** – Recruiting, Nutrition, Injury Prevention, Speed and Agility

### STRIKER/KEEPER DAY CAMP

- **Morning** - Individual Technical Specific Training (Striker and Goalkeeping)
- **Lunch and Pool Time**
- **Afternoon:** Match Related Finishing and Goalkeeping Video Review

## ROB BERKOWITZ

[rberkowitz@esu.edu](mailto:rberkowitz@esu.edu)

570-422-3648

**East Stroudsburg University of Pennsylvania is located in the beautiful Pocono Mountains in East Stroudsburg, Pennsylvania. ESU is 90 minutes west of New York City and two hours north of Philadelphia. You may also find directions through our website at [www.esu.edu](http://www.esu.edu)**

East Stroudsburg University of Pennsylvania is committed to equal opportunity for its students, employees and applicants. The university is committed to providing equal educational and employment rights to all persons without regard to race, color, sex, religion, national origin, age, disability, sexual orientation, gender identity or veteran's status. Each member of the university community has a right to study and work in an environment free from any form of racial, ethnic, and sexual discrimination including sexual harassment, sexual violence and sexual assault. (Further information, including contact information, can be found on the university's website at [www.esu.edu/titleix](http://www.esu.edu/titleix).)

In accordance with federal and state laws, the university will not tolerate discrimination. This policy is placed in this document in accordance with state and federal laws including Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Sections 503 and 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990, and the Civil Rights Act of 1991 as well as all applicable federal and state executive orders.



For more information, assistance or special accommodations, please call 570-422-3061.

EAST STROUDSBURG  
**WARRIORS**

Office of Conference Services  
200 Prospect St  
East Stroudsburg PA 18301-2999



EAST STROUDSBURG  
**WARRIORS**



**ESU**

**SOCCER**

2014, 2015, 2016 & 2017 PSAC AND  
2016 ATLANTIC REGION NCAA CHAMPIONS

**2018 SUMMER CAMP**

**JULY 8 – 11  
GIRLS ELITE**

**JULY 16 – 19  
DAY CAMP**

[esu.edu/camps](http://esu.edu/camps)

# PHILOSOPHY

The Warrior Soccer Elite Camp caters to the advanced soccer player. The curriculum and outstanding staff provides an environment for each camper to succeed. We are also very flexible in working with teams that attend our camps. We also utilize a separate goalkeeping curriculum for each camp.

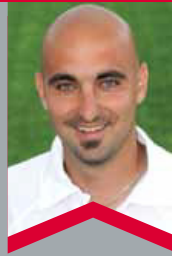
The Striker / Goalkeeper Camp is designed with advanced curriculums for competitive level players who are looking to enhance specific skills in the goal or on the field.

# GENERAL INFORMATION

- Elite Camp: Girls Ages 10 to 18 – Individuals and Teams
- Striker / Goalkeeper Camp: Boys and Girls Ages 8 to 18
- 10 to 1 Camper to Staff Ratio
- Air Conditioned residence halls
- All-You Can Eat and Drink Meals in ESU Cafeteria
- Free Camp T-Shirt and Soccer Ball
- Daily Swim Time
- 24-hour-On-campus Police Coverage
- High Qualified and Licensed Staff
- Premier Practice and Training Facilities



# CAMP DIRECTOR



**ROB BERKOWITZ**  
Men's and Women's  
Soccer Head Coach

- 119-63-21 record (.638) in 10 seasons as women's head coach
- Former NCAA Division I Associate Head Coach

- NSCAA National, Advanced National, Premier and Goalkeeping Diplomas
- Director of Coach and Player Development – Nazareth Soccer Club
- Keystone Athletic Premier Coach

# STAFF

**MEAGAN DEWAN**  
**(Co-Director)** Women's  
Assistant Coach East  
Stroudsburg University,  
former Big East Player  
and Coach

**DANIEL O'ROURKE**  
Men's Assistant Coach  
East Stroudsburg  
University, former  
Coach at Frostburg  
State University

**KEVIN MOUNCE**  
Head Coach Urbana  
University (NCAA  
Division II)

**ROB FULTON**  
Head Coach  
Shippensburg University  
(NCAA Division II)

**JARED PUTT**  
Assistant Coach Trinity  
Christian College (NAIA)

**DAN BERG**  
Valley View HS

**ANDREW FORAN**  
Goalkeeping Director-  
Strength Coach  
Bloomsburg University  
(NCAA Div 2)

**CHRIS DUGGAN**  
Assistant Coach NJIT  
(NCAA Div 1)

**MEGAN CARROLL**  
Assistant Men's and  
Women's Coach ESU

# COST

Register online at: [www.esu.edu/camps](http://www.esu.edu/camps)

**\*ELITE CAMP**  
RESIDENT: \$440/PLAYER  
COMMUTER: \$330/PLAYER

**STRIKER/GOALKEEPER DAY CAMP**  
\$175/PLAYER

**\*Team Discount (overnight elite only):**  
\$25 off groups of 11 or more | \$50 off groups of 18 or more  
To receive the team discount, a coupon code MUST (bold) be included on your initial registration form. No discounts will be given thereafter. Please contact coach for current codes.

**Make Checks Payable to:**  
ESU WARRIOR SOCCER CAMP  
**Mail to:** Office of Conference Services,  
200 Prospect Street, E. Stroudsburg, PA 18301

# Deposit/Payment/Cancellations/Refunds

Please enclose a \$100 non-refundable deposit with all applications. Camp balance is due two weeks prior to the start of camp. Campers who leave during the course of the camp will receive a refund based on the number of days services were rendered.

All refund requests must be submitted in writing to the Office of Conference Services within 14 days of the last day of camp. No refunds will be issued to campers sent home for disciplinary reasons. No refunds will be issued after that time. Please allow six to eight weeks for processing of any refunds.

Medical documentation may be required for refund. Please send refund requests to [conferences@esu.edu](mailto:conferences@esu.edu) with the name of your child and camp they participated in.

ESU Warrior Sports Camps have contingency plans in the event of inclement weather, however, indoor practice facilities may be limited.

**ROB BERKOWITZ**  
[rberkowitz@esu.edu](mailto:rberkowitz@esu.edu)  
570-422-3648

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# GIRLS SOCCER

Please print clearly in ink.

CAMPER \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

HOME/CELL PHONE \_\_\_\_\_

EMERGENCY PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

GRADE ENTERING (FALL 2018) \_\_\_\_\_ AGE \_\_\_\_\_ DOB \_\_\_\_\_

SCHOOL/TEAM \_\_\_\_\_

COACH \_\_\_\_\_ POSITION \_\_\_\_\_

## SELECT CAMPS:

GIRLS ELITE (7/8-11) \_\_\_\_\_ STRIKER/KEEPER (7/16-19) \_\_\_\_\_  
\_\_\_\_ OVERNIGHT  
\_\_\_\_ COMMUTER

**ADULT T-SHIRT SIZE: S M L XL**  
(please circle one)

**\$100 NON-REFUNDABLE DEPOSIT**  
MUST ACCOMPANY EACH REGISTRATION FORM

ROOM WITH: \_\_\_\_\_

COUPON CODE: \_\_\_\_\_ \*required for discount

## Medical Insurance Information

COMPANY NAME \_\_\_\_\_

POLICY NUMBER \_\_\_\_\_

GROUP NUMBER \_\_\_\_\_

NAME OF PARENT/GUARDIAN \_\_\_\_\_

I hereby authorize the camp staff of East Stroudsburg University to act for my son/daughter in their best judgment in any emergency situation. I also authorize my son's/daughter's attendance in ESU's Warrior Sport Camp. I certify that he/she is in good health and is able to participate in all camp activities. I understand that the camp staff, first responders, and university will not be held responsible for any injuries that occur on the way to, during or on the way home from ESU.

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_